

ASKÖ Bundesmeisterschaften 2013

MSECM Austria

20:34 Uhr

Wettkampf 8 - 400m Lagen männlich Masters

Altersklasse 40

1. Raml, Wolfgang	1971 AUT Wiener Sport-Club	06:19,87		264
RT +0,78, 50m: 00:38,69, 100m: 01:27,95 (00:49,26), 150m: 02:20,44 (00:52,49), 200m: 03:13,39 (00:52,95) 250m: 04:06,26 (00:52,87), 300m: 04:59,64 (00:53,38), 350m: 05:39,86 (00:40,22), 400m: 06:19,87 (00:40,01)				

Altersklasse 50

1. Polak, Peter	1960 AUT Wiener Sport-Club	06:34,30		236MR
RT +0,77, 50m: 00:42,57, 100m: 01:36,29 (00:53,72), 150m: 02:29,69 (00:53,40), 200m: 03:21,05 (00:51,36) 250m: 04:17,21 (00:56,16), 300m: 05:14,05 (00:56,84), 350m: 05:55,17 (00:41,12), 400m: 06:34,30 (00:39,13)				

--- 2. Abschnitt ---

Wettkampf 14 - 50m Freistil weiblich Masters

Altersklasse 25

2. Varga, Magdalena	1984 AUT Wiener Sport-Club	00:31,62	+01.62	422
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Wettkampf 16 - 50m Freistil männlich Masters

Altersklasse 50

Polak, Peter	1960 AUT Wiener Sport-Club		n.a. Start	
Abgemeldet.				

Wettkampf 24 - 200m Brust männlich Masters

Altersklasse 50

3. Polak, Peter	1960 AUT Wiener Sport-Club	03:35,85	+13.63	205
50m: 00:47,43, 100m: 01:42,19 (00:54,76), 150m: 02:39,87 (00:57,68), 200m: 03:35,85 (00:55,98)				

--- 3. Abschnitt ---

Wettkampf 36 - 50m Brust männlich Masters

Altersklasse 40

3. Raml, Wolfgang	1971 AUT Wiener Sport-Club	00:41,30	+04.13	269
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Wettkampf 40 - 50m Rücken männlich Masters

Altersklasse 40

2. Raml, Wolfgang	1971 AUT Wiener Sport-Club	00:40,05	+07.50	216
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Altersklasse 50

1. Polak, Peter	1960 AUT Wiener Sport-Club	00:41,31		197
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ASKÖ Bundesmeisterschaften 2013

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Fortsetzung Wettkampf 40 - 50m Rücken männlich Masters - Altersklasse 50

15:44 Uhr

Wettkampf 44 - 200m Freistil männlich Masters

Altersklasse 40

2. Raml, Wolfgang	1971 AUT Wiener Sport-Club	02:30,83	+18.11	309
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50m: 00:34,42, 100m: 01:12,11 (00:37,69), 150m: 01:52,11 (00:40,00), 200m: 02:30,83 (00:38,72)

Altersklasse 50

2. Polak, Peter	1960 AUT Wiener Sport-Club	02:41,58	+07.07	251
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50m: 00:35,10, 100m: 01:15,55 (00:40,45), 150m: 01:58,72 (00:43,17), 200m: 02:41,58 (00:42,86)

--- 4. Abschnitt ---

Wettkampf 54 - 200m Schmetterling männlich Masters

Altersklasse 40

1. Raml, Wolfgang	1971 AUT Wiener Sport-Club	03:22,57		166
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50m: 00:42,93, 100m: 01:33,21 (00:50,28), 150m: 02:27,26 (00:54,05), 200m: 03:22,57 (00:55,31)

Wettkampf 58 - 100m Brust männlich Masters

Altersklasse 40

2. Raml, Wolfgang	1971 AUT Wiener Sport-Club	01:34,04	+10.84	241
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50m: 00:44,09, 100m: 01:34,04 (00:49,95)

Wettkampf 62 - 200m Rücken männlich Masters

Altersklasse 40

1. Raml, Wolfgang	1971 AUT Wiener Sport-Club	03:11,16		200
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50m: 00:43,12, 100m: 01:31,30 (00:48,18), 150m: 02:20,81 (00:49,51), 200m: 03:11,16 (00:50,35)